

"ALL ABOUT ME" BOARDS

Interests

- **Template:** "I am really interested in [interest]. I love learning about [related topic] and [related activity]. It fascinates me because [reason]."
- **Prompt:** "What is something you are deeply interested in? Why does it fascinate you, and how do you explore this interest?"



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Hobbies

- **Template:** "In my free time, I enjoy [hobby]. I usually spend [amount of time] doing it. It helps me [benefit or feeling] because [reason]."
- **Prompt:** "What hobbies do you enjoy in your free time? How often do you engage in them, and what do you find fulfilling about them?"



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Goals for the Year

- **Template:** "One of my main goals for this year is to [goal]. I plan to achieve this by [steps or actions]. I am motivated by [reason or inspiration]."
- **Prompt:** "What is one of your primary goals for this year? How do you plan to achieve it, and what motivates you to pursue it?"

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Combined Template

- **Template:** "Hi, I'm [name]. I am really interested in [interest], and one of my favorite books is [book title] because [reason]. In my free time, I enjoy [hobby], which helps me [benefit]. This year, one of my main goals is to [goal], and I plan to achieve it by [steps]. I am motivated by [reason]."
- **Prompt:** "Introduce yourself by sharing your interests, favorite book, hobbies, and goals for the year. Include why you find each of these meaningful."

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