NEW YEAR 2027 FRESH START CHECKLIST

Complete these simple steps to reset, organize, and start 2027 with a clear plan.

Name: _____ Date: _____

1. REFLECT ON 2026

- ■ Write down 3 accomplishments from 2026
- ■ List 3 favorite memories from the year
- ■ Write down 3 lessons you learned
- ■ Identify one habit you want to leave behind
- ■ Write down one thing you are grateful for

2. SET YOUR 2027 PRIORITIES

- ■ Choose your top 3 priorities for 2027
- ■ Write down one personal goal
- ■ Write down one health or wellness goal
- ■ Write down one financial goal
- ■ Choose one new habit to practice daily

3. RESET YOUR HOME

- ■ Declutter one drawer, closet, or room
- ■ Fill one bag with items to donate
- ■ Throw away expired or unwanted items
- ■ Organize important papers and documents
- ■ Clean and reset your main workspace

4. ORGANIZE YOUR FINANCES

- ■ Review last month's spending
- ■ Write down your monthly budget
- ■ Choose a savings goal for 2027
- ■ Cancel one subscription you no longer use
- ■ List upcoming major expenses

5. REFRESH YOUR HEALTH ROUTINE

- ■ Set a realistic bedtime and wake-up time
- ■ Schedule any important health appointments
- ■ Choose a type of movement you enjoy
- ■ Plan 3 simple healthy meals
- ■ Choose one self-care activity for each week

6. STRENGTHEN YOUR RELATIONSHIPS

- ■ Schedule quality time with someone you love
- ■ Send a thoughtful message to a friend or family member
- ■ Plan a date night or special activity
- ■ Call someone you haven't spoken to recently
- ■ Start one new family or friendship tradition

7. PLAN SOMETHING TO LOOK FORWARD TO

- ■ Write 10 ideas for your 2027 bucket list
- ■ Choose one new thing to try in January
- ■ Plan one fun activity for this month
- ■ Choose one place you would like to visit
- ■ Schedule time for a hobby you enjoy

MY TOP 3 PRIORITIES FOR 2027	1. _____ 2. _____ 3. _____
MY WORD FOR 2027	_____
ONE THING I WILL DO THIS WEEK	_____

START SMALL. STAY CONSISTENT. CELEBRATE YOUR PROGRESS.

HAPPY NEW YEAR 2027